

TUG OF WAR

Team Tournament

Class division

- Men Open Class
- Women Open Class

Team Composition

- Each team consists of 8 pullers on the rope
- Teams may register up to 4 substitutes.
- Substitutions may be made between pulls/matches in accordance with the Competition Rules.
- The competition is conducted as a weight-class competition, with the maximum team weight announced by the Organising Committee prior to the competition.
- All participating athletes must complete the official weigh-in before competing.

Competition Format

- The tournament will be conducted under the ABC Pool/Cup System, according to the EFCS Sports Manual.
- Open Weight In Format
- Teams will be ranked according to match victories.
- In case of a tie, the applicable EFCS/TWIF tie-breaking criteria will be used, including the head-to-head result where applicable.
- The Organising Committee reserves the right to adjust the competition format according to the final number of participating teams.

Playing Time

- Each match will be conducted on a Best of Three Pulls basis.
- A team wins the match by winning two pulls.
- A rest period of at least 10 minutes is recommended between consecutive matches.
- The exact duration of each pull is determined by the referee in accordance with the official Tug of War rules.

Competition Rules

- The competition will be conducted in accordance with the rules of the Tug of War International Federation (TWIF) and the applicable regulations of the Greek Tug of War Federation/ Association.
- All athletes must comply with the official weigh-in, equipment, footwear and safety requirements.
- The referee's decisions during the pull are final, subject to the applicable competition regulations.

Venue

ENSO SPORTS CLUB – Varkiza | [Map](#)

Dates

June 19 2027

Schedule

Matches will start at 9.00 in the morning and end no later than 15.00!

Team Presentation

- Teams must be present at the check-in station at the sport facility 30 minutes before the start of the match.
- If the team is not on the field at the scheduled start time, they will forfeit the match.

Competition Rules

- Competition shall be conducted according to the Rules of the Tug of War International Federation (TWIF) and the regulations adopted by the Hellenic Tug of War Association.
- Referees shall apply the official international rules.
- Detailed competition rules are published in the tournament program.

Final Provisions

- Each participant travels and participates in the Games at their own risk.
- The organization is responsible only for first aid.
- It is mandatory to always carry a copy of personal insurance policy.