

ORIENTEERING

Class division

- > Men
- > Women

Division

1. The participants are divided in 5 classes according to age.
2. The grouping applies to both man and women.

Class-A: 18 – 30 years

Class-B: 31 – 40 years

Class-C: 41 – 50 years

Class-D: 51 – 60 years

Class-E: over 60 years

Game model

- Individual trials and Team-tournament. - Class A (e. g. handicap up to 9.0)
- Disciplines individual trials
- There are 3 individual disciplines: sprint, middle distance and long distance. The organizer offers at least two of the three disciplines.
- The course lengths are set according to the expected winning times in minutes.
- The courses for sprint races will be set to give winning times of 15 minutes.
- The courses for long distance races will be set to give winning times of 70 minutes.

Team tournament

- One team consists of 3 runners from one company.
- The results of the individual tournament will be added together and the team with the lowest time in total becomes the winner of the team-tournament.
- There are no class divisions (men/women) and no age classes.
- Team tournament
- International competition rules for foot orienteering:

<https://onedrive.live.com/embed?resid=663580750D0C0BCE%2147371&authkey=!AFQNmm217AsD-hE&em=2&wdHideHeaders=True&wdDownloadButton=False>

- Appendix 6 (Competition Formats) provides an overview of the competition formats.
- For all competitions, orienteering maps are according to the International Specification Standards:

<https://orienteering.sport/iof/mapping/> .

Venue

1. Sprint Race - Fillopapou Hill – Athens - [Map](#)
2. Long Distance Race - Kesariani Hill – Kesariani - [Map](#)

Dates

June 17-18 2027

Rules

1. Unless otherwise specified, the international orienteering competition rules from the International Orienteering Federation apply.

<https://orienteering.sport/orienteering/competition-rule/>

2. Detailed competition rules are published in the tournament program.

Final Provisions

- Each participant travels and participates in the Games at their own risk.
- The organization is responsible only for first aid.
- It is mandatory to always carry a copy of personal insurance policy